

# TOBACCO TALK

A HEALTHIER FUTURE FOR GLENN COUNTY RESIDENTS

GLENN COUNTY TOBACCO EDUCATION PROGRAM



Glenn County  
Alliance for Prevention

**NEXT MEETING:**

**AUGUST 10, 2022**

ORLAND ROUND TABLE

2:00-3:30 PM

## IN THIS ISSUE:

Letter to the Editor	P 1
Youth Quest	P 2
"Healthy" Vapes	P 2
Data Collection	P 3
Retailer Visits	P 4
Myth or Fact	P 4
End of the Year Celebration	P 5
Glenn County Fair	P 7
Kick It CA	P 7

**Looking to get involved with SWAT or GCAP? Check out the last page!**

**YOUTH SPOTLIGHT**



**SWAT**  
STUDENTS WORKING AGAINST TOBACCO

## LETTER TO THE EDITOR - WELCOME OFFICER LOWERY

Dear Editor,

My name is Allison Thomas, and I am a member of the Orland High School S.W.A.T. (Students Working Against Tobacco). I have been a member for three years and I am the current President of the coalition. Our S.W.A.T. group works to inform members of our community and fellow peers about the dangers of tobacco and nicotine.

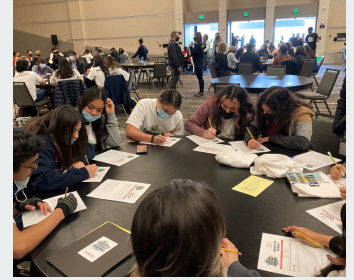
**Our coalition would like to formally welcome Officer Kat Lowery and congratulate her on this new position as the Orland Unified School Resource Officer.** Recently, students have turned to unhealthy coping mechanisms like vaping or damaging school property. I have found plumes of smoke escaping the bathrooms during class time on numerous occasions. Having Officer Lowery at Orland High will provide a sense of safety, protection, and guidance for the young moldable minds of those who attend. Our S.W.A.T. group is eager to collaborate with Officer Lowery to educate and prevent tobacco usage among our peers and help with any upcoming events or projects!

Sincerely,

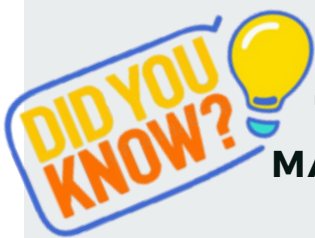
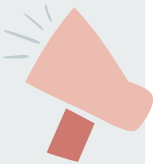
**Allison Thomas, Orland SWAT President**



# YOUTH QUEST 2022



After two years of virtual conferences, our SWAT youth were able to attend CYAN's annual Youth Quest event in Sacramento. This was a great opportunity for them to learn about the environmental impact that commercial tobacco has in our communities. The youth had the opportunity to advocate for their local community by meeting with Assemblymember Gallagher's legislative aid. During that legislative visit, our youth shared their local efforts to combat the harmful effects of tobacco in our community.



## "HEALTHY" VAPES MAY NOT BE HEALTHY

Companies are creating inhalable products that are marketed as wellness products. They claim to be healthy because they contain vitamins or essential oils.

These products can be **dangerous** as some contain flavorings and have not undergone toxicity or clinical effectiveness evaluations. Essential oils are known to be used for aromatherapy, but when inhaled directly at larger doses it can result in **toxicity**. Beware of these products!



On March 15th, a bill was passed that authorizes the FDA to regulate synthetic nicotine.

The bill includes a provision amending the definition of a "tobacco product," which will now be defined as "any product made or derived from tobacco, or containing nicotine from any source, that is intended for human consumption." This law became effective on April 14th, and any synthetic nicotine product can remain on the market for an additional 30 days, but after that date, it will need to be approved by the FDA. After July 13th, 2022, any synthetic nicotine product not authorized must come off the market and will be subject to enforcement by the FDA.



# PARK DATA COLLECTION SURVEYS

## Edgewater & Hamilton City Park

With the start of a new work plan, the Tobacco Education Program started by collecting park data collection surveys in the unincorporated area of Glenn County. SWAT youth from Hamilton and Willows High were an asset to completing the surveys. Way to go SWAT!



## Butte City & Ord Bend Boat Ramps



# RETAILER EDUCATION VISITS - SI SE PUEDE



Our Orland High SWAT youth partnered with California Health Collaborative- Si Se Puede to conduct retailer education visits in Orland.

This was an opportunity for our SWAT youth to provide a packet of updated tobacco product regulations to local retailers. A new set of STAKE Act stickers were included in the packet for retailers to display.

We want to thank the retailers for welcoming us and being open to receiving the updated tobacco information from our youth!



The Sale of Tobacco Products to Persons Under 21 Years of Age Is Prohibited by Law and Subject to Penalties

To Report an Unlawful Tobacco Sale Call  
**1-800-5 ASK-4-ID**

Valid Identification May Be Required  
Business and Professions Code Section 22952 21 U.S.C. 877(f)  
This sign must be available to the consumer and must not be altered, covered or obliterated in whole or in part.




## MYTH

"Tobacco companies only want adults to purchase their products"

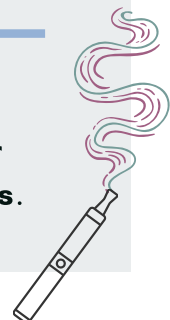
vs.

## FACT?

Tobacco companies purposely **target youth** with their advertisements and candy/fruit-flavored vape products.

"Secondhand smoke may bother people, but it isn't dangerous"

Every year in California, secondhand smoke **causes** over **400 lung cancer deaths** and over **3,600 cardiac deaths**.



## END OF THE YEAR MEETING!

May marked our last month with SWAT for this academic school year. A few members from each of the three high schools were able to attend the end of the year meeting at Rare Air in Chico.

Coalition members participated in icebreakers and played games on the trampolines! They were recognized for their hard work and dedication to tobacco control advocacy efforts. It was great to see youth from all three schools come together and engage with each other as the year came to an end! We wish the best of luck to the graduating seniors and look forward to seeing everyone else next year!





# HAMILTON SWAT

2021-2022:

- Sandra Rubio
- Valeria Arambula
- Crystal Morales
- Jaquelin Morone
- Maria Carolina Mata
- Soraya Carrillo
- Ana Orozco



# ORLAND SWAT

2021-2022:

- Viviana Santos
- Emily Lim
- Evelyn Martinez
- Pearl Xiong
- Magie Torres
- Giselle Juarez
- Lauren De Moss

# WILLOWS SWAT

2021-2022:

- Raistlin Kim
- Skylar Millsaps
- Ricardo Gutierrez
- Carla Hernandez
- Melissa Medina





## GLENN COUNTY FAIR

The Tobacco Education Program attended the Glenn County Fair! We had a great turnout, community members engaged with our materials and props. It was a great opportunity to inform the community of the dangers of tobacco and also recruit youth to join our SWAT coalition!

We want to thank everyone who was able to stop by our booth, take the information and show interest in learning about tobacco. It was great to be out in the community, we look forward to next year!



## WANT TO QUIT SMOKING OR VAPING?



The **CA Smokers' Helpline** has now rebranded to **Kick It California** in an effort to reach a broader range of people. Kick It CA helps people quit cigarettes, vapes, and smokeless tobacco. **Support is available via web, chat, text, mobile app, or phone.** They offer quit planning for those that are quit curious, quit-ready, or relapsed. **Their resources are free, accessible, and inclusive.**



Visit [Kickitca.org](https://kickitca.org)

or

call **800-300-8086** (Eng.)/**800-600-8191** (Esp.)

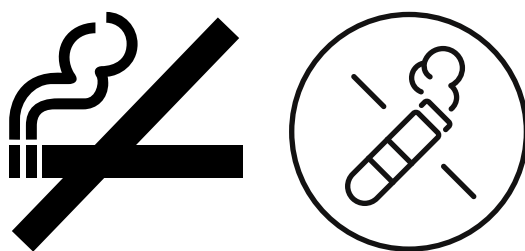


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**Thank you SWAT, GCAP, & GCAP's Marijuana and Tobacco Subcommittee  
for your commitment to creating local change for healthier and  
tobacco-free communities!**



**We would love to have you join us!**

For more information on future meeting dates, visit our social media pages below:



**Glenn County**  
Alliance for Prevention



**Questions? Contact the Tobacco Education Program at Glenn County Public Health**

Carolina Ruvalcaba Diaz, Program Coordinator, (530) 934-6588, cdiaz@countyofglenn.net

Diego Vasquez, Health Educator, (530) 934-6588, dvasquez@countyofglenn.net

IN COMPLIANCE WITH THE AMERICANS WITH DISABILITIES ACT, GLENN COUNTY WILL MAKE AVAILABLE TO PERSONS WITH A DISABILITY DISABILITY-RELATED MODIFICATION OR ACCOMMODATIONS. IF REQUESTED, THIS DOCUMENT AND OTHER MATERIALS CAN BE MADE AVAILABLE IN AN ALTERNATIVE FORMAT FOR PERSONS WITH A DISABILITY WHO ARE COVERED BY THE AMERICANS WITH DISABILITIES ACT.

THIS NEWSLETTER WAS MADE POSSIBLE BY FUNDS RECEIVED FROM THE CALIFORNIA HEALTHCARE, RESEARCH, AND PREVENTION TOBACCO TAX ACT- PROPOSITION 56- UNDER CONTRACT #21-11 WITH THE CALIFORNIA TOBACCO CONTROL PROGRAM OF THE CALIFORNIA DEPARTMENT OF PUBLIC HEALTH.