

# SUPPORT SMOKEFREE OUTDOOR PUBLIC AREAS IN GLENN COUNTY

The Glenn County Tobacco Education Program asked county residents what they think about tobacco use in outdoor public areas.<sup>1</sup> Most of the people said they believe drifting secondhand smoke and tobacco litter are problems in their community.

## Here's what we found:



**99%** of residents think **tobacco products are harmful to people's health**



**82%** of respondents support a law that **prohibits smoking or vaping in outdoor public places**—including parks, dining, and worksites



**72%** say that **tobacco litter is a problem in their community**

## Why do smokefree outdoor spaces matter?



There is **no risk-free level of secondhand smoke**.<sup>2</sup> Even outdoors, you can be exposed to high levels of it if someone is smoking or vaping nearby.<sup>3</sup>



Breathing secondhand smoke can **increase your risk of heart disease, lung cancer, and stroke**.<sup>2</sup>



**Breathing secondhand smoke is especially dangerous for babies and children**—it can increase the risk of sudden infant death syndrome, ear infections, and asthma.<sup>2</sup>



Breathing **secondhand smoke from e-cigarettes or vapes is also harmful** to your health.<sup>4</sup>



## Smokefree outdoor public areas are good for everybody! They:

Help keep our community beautiful and reduce toxic litter, which can harm local wildlife and pollute water.

Lower the risk of fires, which can be devastating to our rural communities and ecosystems.<sup>5</sup>

Improve air quality, which can help people with conditions like asthma and COPD.

People living in rural areas are also more likely to be exposed to secondhand smoke and less likely to live in communities with smokefree air policies.<sup>6</sup> We can protect the health and safety of our loved ones with smokefree outdoor policies in Glenn County.

**As local community leaders, you can contact your local county supervisor to show your support for smokefree outdoor public areas in Glenn County, and protect the health of all Glenn County residents.**

**For more information, contact the Glenn County Tobacco Education Program: (530) 934-6588**



### REFERENCES

1. Public Opinion Survey for the Glenn County Tobacco Education Program, 2022.
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3. Cameron, M., et al. (2010). Secondhand Smoke Exposure in Outdoor Dining Areas and Its Correlates. Tobacco Control Journal.
4. California Department of Public Health. What You Need to Know About All Secondhand Smoke, Vape, and Marijuana. 2021.
5. Americans for Nonsmokers' Rights Foundation. Wildfires, Air Quality, and Cigarette Butts: Smokefree Laws Save Money and Lives. 2018. <https://no-smoke.org/wildfire-air-quality-and-cigarette-butts-smokefree-laws-save-money-lives/> [Accessed 06/2023]
6. Buettner-Schmidt, K., et al. (2019). Disparities in Rural Tobacco Use, Smoke-Free Policies, and Tobacco Taxes. Western Journal of Nursing Research, 41(8), 1184–1202. <https://doi.org/10.1177/0193945919828061>